

February 25, 2011

Vicki Dittmer

I feel like I have a new life

I've had my right kneed scoped and had total knee replacements on both knees. I've been inactive for so many years, but now I feel like I have a new life!

I've been active my whole life, but knee pain kept me down for years. Having a new granddaughter prompted me to get my second knee replacement with Dr. Tsai. I was in such pain that I couldn't even push her stroller—I wanted to be involved with her and that was the push I needed.

Today I'm able to ride my bike, and walk and play with my grandchild. People who have healthy knees don't understand how exciting it is to be able to simply walk without pain. And to be independent. I feel so great.

I can't say enough good things about Dr. Tsai. He's a wonderful surgeon. He is very knowledgeable, kind and compassionate. And the follow-up with him and his nurses was great. Cindy is such a good nurse...I was impressed by how thorough the education component was—before and after my surgery.

I'd recommend The Kennedy Center to anyone.